Female-Supported Households

A Continuing Agenda for Kerala Model?

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The highly acclaimed development model of Kerala has left out certain groups, women being one of them. This article based on a survey of female-supported households in Nadur village indicates that despite lower wages and concentration in the lowest paying jobs, women achieve economic parity with their male counterparts. If this performance level is to be maintained then redistribution programmes in the state need to be consolidated and decentralised rural employment made further available.

DELEGATES to the first international congress on Kerala studies in August 1994 focused their attention on shortcomings of and threats to the widely acclaimed 'Kerala model' of development. They were right to do so: the essence of the 'Kerala model is social justice, and social justice can only come about through honest discussion of all groups left out of the model's achievements, followed by effective action to bring in the 'forgotten ones'.

Kerala has brought most of its people up to the levels of the first world in case of literacy, life expectancy, and infant mortality. Kerala's achievements have largely transcended caste, class, rural/urban and gender limitations [Franke and Chasin 1994]. But papers at the international congress revealed a number of small groups left out. These included fishing people [Karuna et al 1994; Kurien 1994], female stonecutters [Ukkuru et al 1994], female domestic servants [Subramony 1994], some female agricultural labourers [Mencher 1994], at least some tribal peoples [Devi 1994; Corrie 1994], and migrant workers from Tamil Nadu. Although not discussed specifically at the congress, we could add that headload and other casual labourers may also suffer deprivations not consistent with Kerala's social justice model of development [Pillai

Adding all these groups together, we estimate that perhaps 15 per cent of Kerala's people are left out in some way from the benefits of the Kerala model. Although most development experts would consider 85 per cent beneficiaries a remarkable achievement, Kerala's activists should see this 15 per cent as a challenge. The Kerala model cannot be fully successful until all the people in the state are included.

A closer examination of the 'forgotten ones' makes clear that women are a major component. As in other societies, Kerala women earn less than men and face numerous barriers to equality and economic security. Understanding the dimensions of women's inequality is one step towards

developing an agenda for action to overcome it.

In this article, we offer evidence on two dimensions of male/female inequality in the central Kerala village of Nadur: (1) women's work and wages, and (2) the effects of wages on households primarily dependent on women for their incomes. Our research in Nadur took place from November 15, 1986 to July 15, 1987. We surveyed 170 households including 1,035 individuals across a range of castes, classes, income levels, family structures, educational levels, and Kerala model variables such as land reform, ration shops, school lunches, and special development programmes. Our main villagelevel findings appear in our study [Franke 1993], soon to appear in a Malayalam translation. The study covers caste, class, and income inequality, but does not include our findings on women.1

WOMEN'S WORK AND WAGES IN NADUR

Our sample includes 676 individuals between the working ages of 15 and 64 as shown in Table 1. Occupational categories are listed from most to least common. The table shows that unemployment is the main situation for both males and females added together. The first finding confirms what other observers have reported for Kerala: unemployment is the most serious problem facing the workforce.

Looking beneath this overwhelming problem, we see that working men and women differ in their employment patterns. 'Household affairs' is most common for females while males dominate the category of house compound and general labour with 89 workers against only 23 women. By contrast, women make up 57 of the 64 persons listing agricultural labour as their main occupation.

These first two labour categories are important. In 1987 house compound and general labour brought in Rs 25-30 per day. Agricultural labour garnered Rs 20 for men and Rs 12 for women.

We see further that women are approximately equal as number of students, but Table 1 shows that petty trade, skilled labour, white collar, service work, farmer, and professional employment are dominated by men at an average ratio of about 10 to 1. Most Nadur men do not earn high incomes, but nearly all Nadur women are relegated to the status unemployed, household affairs, or the lowest paying agricultural field labour.

Table 1 also shows that 45 of 46 absent workers from Nadur are males. Except for one female working as a maid in New Delhi, all remittance incomes are provided by men. These data are more extreme than Kerala's overall picture, but they fit generally into the Kerala pattern where overwhelmingly workers outside their home villages are men.² In Nadur in 1987, 9 per cent of all sample income derived from male labour outside the village, further skewing the inequality in earnings between males and females individually within Nadur.

FEMALE-SUPPORTED HOUSEHOLDS IN NADUR

Individual employment statistics are important but incomplete indicators of individual well-being. Most individuals in Kerala live in households where income and resources are shared to some extent. Thus, females earning low incomes, suffering unemployment, or engaging in household work, could be receiving some of the benefits of their higher-earning male household partners. Depending on the household structure and composition, these could include husbands (nuclear households), fathers or sons (extended households), male in-laws (joint households), or combinations of these (complex households). Even the single female - widowed, divorced, aban-doned, or never married-could be receiving assistance from male relatives nearby. Especially in rural areas, where family members live close to each other - even if households have partitioned - households are usually more

appropriate units of analysis than individuals.3

The question then becomes: to what extent does the concentration of females in the lowest income-generating labour categories lower the incomes of the households themselves?

We identified 22 female-supported households (13 per cent) among the 170 households in the 1987 Nadur sample. Female-supported means that over 50 per cent of household income derives from the work of female household members.4 Table 2 shows the distribution of the working members of the two kinds of households.5

From Table 2 we can see that maledependent households have most of the better paying income sources such as professional, skilled labour, service occupations, white collar, and house compound labour. After subtracting students, unemployed, and household affairs persons, male-supported households have 308 workers or an average of 2.1 per household. Female-supported households, by contrast, have 36 workers for 22 households, or 1.6 on average.

As we predicted, the incomes of the femalesupported households were substantially lower than male-supported households; average household income was Rs 3,702 for female-supported compared with Rs 7,342 for male-supported households. This difference was statistically significant at 0.02 in an analysis of variance (ANOVA). As Table 3 indicates, female-supported households were distributed far more in the lower income quintiles.

Thus, we see that 22 per cent of malesupported households are within the bestoff quintile compared to only 5 per cent of female-supported household. By contrast, 50 per cent of female-supported and 16 per cent of male-supported households were in the lowest quintile.

General household income, however, does not take into account size differences as we saw above in the breakdown of dependent household members over 64 and under 14. Female-supported households average 3.9 members .versus 6.4 for male-supported households. When adult equivalents (AE)6 are used, we find that female-supported households average 3.2 versus 5.4 for malesupported households. When household adult equivalent composition is taken into account, the AE income averages Rs 1,501 for female-supported households versus Rs 1,570 for male-supported ones. The difference is not statistically significant. Similarly, households are almost equally distributed across the income quintiles as shown in Table 4.

Table 4 and the AE income data for the Nadur sample strongly indicate that households supported primarily by women do

almost as well as households supported primarily by males. Since Table 1 shows clearly that women are clustered in the lower wage jobs, and the associated wage data show that women earn less than men in comparable jobs such as agricultural labour, we must conclude that female-supported households have developed survival strategies and that these strategies succeed in placing them almost economically equal to male-supported households. What could these strategies be?

STRATEGY 1: SMALL SIZE AND LIMITED DEPENDENTS

In the absence of higher-earning male supporters, female-supported households apparently limit their size to maximise their per-AE incomes. To a certain extent this is a consequence of the likely causes of female-supported households in the first place. Most are made up of women whose husbands died, abandoned them, or have become too ill or feeble to work - along with any dependents these women cannot or are not willing to try to place in other households.

We can see from Table 2 that femalesupported households absorb less than their share of unemployed, household affairs, and students: with 13 per cent of the households, they account for 3 per cent of the unemployed, 6 per cent of those living off household affairs, and 12 per cent of students. Members over 64 are 15 per cent (13 of 88) in femalesupported households along with 7 per cent of children under 14 (21 of 317).7 The demographic support burden on femalesupported households is thus less than on their male-supported counterparts. Another way to conceptualise this is to say that femalesupported households manage greater efficiency in the relation between earners and dependents.

How do female-supported households achieve this efficiency? One mechanism is to partition themselves off from their children, living in small houses on the family paramba, after transferring any rice land to the adult children. Added to this may be benefits from Kerala government programmes such as agricultural labourer pensions.

Lakshmiyamma is a 71-year-old widow of many years. She lives with her 33-year-old daughter Narayani, an agricultural labourer whose husband deserted her several years back. One of Lakshmiyamma's sons is in a leprosy hospital. Lakshmiyamma and Narayani live in a small house on the edge of the main paramba. Two sons live in the main house, managing the 1.5 acres rice land to benefit their own partitioned households.

TABLE 2: MAIN OCCUPATION OF HOUSEHOLD MEMBERS (AGE 15-64) BY GENDER OF ECONOMIC DEPENDENCY, NADUR VILLAGE, 1986-87

O	1. C.	mmostad	Fe	male-
Occupation Ma		ipported 148	Supported N=22	
T _N			Males	Females
Unemployed	48	94	3	2
Household affairs	10	119	1	7
House compound				d similar
and general				
labour	89	14	0	9
Agricultural				
labour	6	46	1	-11
Student	23	19	2	4
Petty trade	29	0	1	3
Skilled labour	29	0	0	1
Service	13	3	0	1
White collar	7	3	0	0
Farmer	11	0	0	0
Professional	7	1	1	1
Pensioner	3	1 .	0	0
Other	3	110	0	0
Subtotal	278	301	9	42
Absent labourer	42	0	3	1
Total	320	301	12	43

TABLE 1: MAIN OCCUPATION OF HOUSEHOLD MEMBERS (AGE 15-64), NADUR VILLAGE, 1986-87

Occupation	Males	Females	Total
	51 (15.4)	96 (27.9)	147 (21.7)
Unemployed	11 (3.3)	126 (36.6)	137 (20.3)
Household affairs	89 (26.8)	23 (6.7)	112 (16.6)
House compound and general labour	7 (2.1)	57 (16.6)	64 (9.5)
Agricultural labour	25 (8.4)	23 (6.7)	48 (7.1)
Student		3 (0.9)	33 (4.9)
Petty trade	30 (9.0)	1 (0.3)	30 (4.4)
Skilled labour	29 (8.7)	4(1.2)	16 (2.4)
Service	12 (3.6)	4 (1.2)	14 (2.1)
White collar	10 (3.0)	0 (0.0)	11 (1.6)
Farmer	11 (3.3)		7 (1.0)
Professional	5 (1.5)	2 (0.6)	4 (0.6)
Pensioner	3 (0.9)	1 (0.3)	
Other was also as a supply of the control of the co	4 (1.2)	3 (0.9)	7 (1.0)
Subtotal	287 (86.4)	343 (99.7)	630 (93.2)
Absent labourer	45 (13.6)	1 (0.3)	46 (6.8)
Total	332 (100.0)	344 (100.0)	676 (100.0)

Percentages in brackets.

The category 'Other' includes 3 servants, a religious practitioner, and 3 unknown. Spinners at the co-operative are included in 'General Labour'.

Source: Adapted from Franke (1993:162).

Along with Narayani's small income from field labour, the household lives off Lakshmiyamma's agricultural labourer's pension of Rs 45 per month [in 1987].8

Lakshmiyamma is a nair caste member, like 82 per cent of the female-supported households in Nadur. None are Nambudiri, Muslim, or Mannan; 1 is pulaya, 1 chetty, and 2 are ezhavas. The flexibility of membership and gender roles as heads of households among nairs may contribute to their being so over-represented in the female-supported households. Nairs make up 48 per cent of the Nadur sample households overall.

Lakshmiyamma is one of 10 widows among the 22 female-supported households. Two other widows are receiving agricultural labourer pensions, one receives a pension from a company in Madras where her husband had worked before his death, one works on a rubber estate, another sells coconuts, and another sells rice from the farm land of her children who are living away from Nadur. Another widow of 20 years shares running of a tea shop with two adult daughters; one other widow has a 29-year-old daughter who works as an agricultural labourer and another daughter who receives a pension for being handicapped. Finally,

Janaky is a 65-year-old pulaya widow of 15 years. Three daughters – 30, 28, and 25 years – work as agricultural labourers. One granddaughter of seven also lives in the household. The three combined agricultural labour incomes are almost all the household has on which to survive. The daughters sometimes get a little paramba work as well. In 1986 the household received a Rs 6,000 building loan to repair their house which had been in bad condition. They are required to repay Rs 4,500 of the loan.

Janaky's case illustrates the efficiency of a low-income household: three workers supporting themselves, one elderly mother – not apparently receiving an agricultural labourer pension to which she is presumably entitled – and one grandchild. One husband is unaccounted for, and two adult daughters remain unmarried – one of the consequences of their situation.

Altogether eight males and 54 females are widowers/widows in 59 sample households. Since 10 of these households are female-supported, the chances of becoming female-supported are not increased by widowhood: 17 per cent (10/59) versus 13 per cent of the sample overall (22/170). Similarly, 83 per cent (49/59) of male-supported households have widows or widowers versus 87 per cent of sample overall (148/170). The ratios for each gender of support are thus almost the same.

With separation, however, the chances are reversed. Six households are headed by

women separated, divorced, or deserted by husbands. Four male-supported households have a separated female. The odds of becoming female-supported are 60 per cent (6/10 versus 13 per cent of sample) after separation contrasted with 40 per cent (4/10 versus 87 per cent of sample) for remaining male-supported. In one case, a 68-year-old woman lives with her 56-year-old sister and the sister's adult daughter. The husband is severely ill, but lives in his mother's family's house in a nearby town. The elderly woman receives a small amount of money for cleaning the main village temple and the sister's daughter brings in a small income as a tailor. Another separated woman of 54 lives by herself and works in a rubber estate; a third now divorced receives rice as needed from her daughter living in the next village; a 46-year-old divorced pappadam maker continues to make pappadams while supporting her 23-year-old daughter training to be a nurse. One 26-year-old woman abandoned by her husband works full time in Nadur's spinning co-operative from which she earns a meagre income. And one divorced woman lives from agricultural labour and works as a servant to a high caste household. Her daughter also does agricultural labour; together they support two infant children and the daughter's husband who has been severely ill and weak for several months.

The final six female-supported households have intact couples, but are also primarily aged partition split-offs or households with adults unable to work full time because of illness.

Govindan is a 49-year-old nair former temple servant and agricultural labourer. Both he and his wife have had health problems and are not able to work regularly. The household's 8 members include the parents and their 6 daughters. Amaru, 19, and Karthyayani, 18, work at the Nadur spinning co-operative. Their combined earnings are the primary support of the household. When Amaru marries, a prospect soon to happen, she will probably stop cranking the charkas to rewind the thread and the household may have to send the 3rd daughter, Chinnamaru, now 16, and studying in the 10th standard, to help keep the household afloat.10

One nair household depends entirely on the incomes of 2 spinners to support its 5 members. Another nair household combines the former village clerk's pension to the 83-year-old male head with the income from their 39-year-old daughter who works as a teacher in the village school. A daughter-teacher combines with income fom temple work to support an elderly couple who lost substantially in the land reform. A household partition combines the agricultural

labour pension and servant income of the male head with his adult daughter's work as an agricultural labourer and maidservant to support their small house on the edge of a compound where the larger dwelling has gone over to the other adult children.

Finally, Sankaran and his wife, aged 79 and 62, both receive agricultural labour pensions. They combine these with the income from one daughter who works as an agricultural labourer and another who works as a postal agent to support the four adults and 4 children.

In general, then, we see female-supported households in Nadur maximising income per person or AE by remaining small and/ or by partitioning off from larger family units. We also see in these cases that women maintain small households in part by remaining childless after divorce or separation. Unlike in the Caribbean and some other parts of the world, Kerala women do not apparently gather children around them into matrifocal or female-centred households. The reasons for this pattern are worthy of further study.

STRATEGY 2: KERALA REDISTRIBUTION PROGRAMMES

The examples in the above section illustrate another strategy for female-supported households: extensive use of Kerala government programmes to redistribute wealth to the poorest house-holds. Although these programmes do not target female-

Table 3: Quintile Distributions of Household Incomes of Male-Supported Versus Female-Supported Households, Nadur Village, 1987

Quintile	Male- Supported Number	Female- Supported Number	
Highest (Rs 9,200-54,000)	33 (22)	1 (5)	
2nd (Rs 6,000-9,199)	33 (22)	1 (5)	
3rd (Rs 3,920-5,999)	29 (20)	5 (23)	
4th (Rs 2,900-3,919)	30 (20)	4 (18)	
Bottom (Rs 840-2,899)	23 (16)	11 (50)	
Total	148 (100)	22 (101)	

Notes: Percentages in brackets.

TABLE 4: QUINTILE DISTRIBUTIONS OF ADULT EQUIVALENT INCOMES OF MALE-SUPPORTED VERSUS FEMALE-SUPPORTED HOUSEHOLDS, NADUR VILLAGE, 1987

Quintile	Male- Supported Number	Female- Supported Number
Highest (Rs 1,951-9,265)	30 (20)	4 (18)
2nd (Rs 1,252-1,950)	28 (19)	6 (27)
3rd (Rs 857-1,219)	30 (20)	4(18)
4th (Rs 632-850)	30 (20)	4 (18)
Bottom (Rs 267-621	30 (20)	4 (18)
Total	148 (100)	22 (99)

Notes: Percentages in brackets.

supported households in particular, such households seem to benefit out of proportion to their numbers. Three of the programmes seem particularly important in Nadur: agricultural labourer pensions, the ration shop, and the Nadur spinning co-operative.

We saw in the case above that a total of six agricultural labour pensions occurred in five of the 22 female-supported households (23 per cent). These pensions accounted for 4 per cent of the combined income of these 22 households, compared with 0.6 per cent for the 12 pensions (8 per cent) distributed among the 148 male-supported households.11

Nadur's ration shop provides a second government programme especially utilised by female-supported households. Femalesupported households average 17 cents rice land and 34 cents house compound land versus 33 cents and 88 cents for malesupported households. Neither of these differences is statistically significant, but the rice land difference qualifies femalesupported households for greater ration shop access: 77 per cent of rice over the year as compared to 49 per cent for male-supported households.12 We conducted 24-hour recall nutrition surveys in February and July 1987. In February, female-supported households were slightly above, in July slightly below their male-supported counterparts: all averages were within the range of 2,033 and 2,472 calories. According to respondents, female-supported households ate meat only 8 times per year on average. When the allvegetarian, all male-supported nambudiri households were removed from the sample, male-supported households averaged 19 times per year to eat meat. Since the ration shop does not supply meat, the meat-eating differences support our interpretation that a substantial portion of the reason for female-supported success in nearly equal calorie intake to male-supported households is their access to and use of the ration shop. Without the ration shop, the femalesupported households are at a strong disadvantage; for the foods it supplies, they achieve virtually equality with malesupported households.

STRATEGY 3: NADUR'S SPINNING CO-OPERATIVE

Nadur houses a unit of the Kerala Khadi and Village Industries Association, a spinning co-operative that employed 29 young women from 3 villages in 1987. The women, ages 15 to 33, turn masses of ground and twisted cotton called 'sliva' into refined thread that can be woven on handlooms. Their work - hand cranking machines called charkas, is called rewinding.

The work is monotonous and unhealthy. The charkas are not electrified. 13 The women sit before the machines for hours. Cotton dust fills the poorly lighted and poorly ventilated room. The workers complain of backache, stomach pain, chest pain, and bronchial disorders. Because of the illnesses and because the young women also have substantial household chores, they average only 2.3 weeks work per month, for an average monthly wage of Rs 103.

Despite the physical difficulty of the work, rewinding sliva at the charkas attracts young women from poor households because of the regular work and the relatively high pay. Rs 103 per month for 12 months equals Rs 1,236 per year - more than many male agri-cultural labourers could earn in the rice fields in 1987. Twenty of the co-operative workers came from Nadur, of whom 11 were members of 9 sample households. Spinning wages made up only 1 per cent of total sample income, but averaged 29 per cent for the 9 households with spinners. Three of these households were female-supported: 14 per cent of female-supported households compared with 4 per cent (6/148) of male-supported households. The spinners in the femalesupported households worked an average of 2.8 weeks per month, 22 per cent more than in male-supported households. Only one worked at the average while all the others worked above it. They contributed 73 per cent, 85 per cent, and 100 per cent to their household incomes. Two of the households had 2 spinners each, while:

Sujatha was married at 23, but her husband deserted her a few months later. Now 26, she lives alone in a small house on a small plot of paramba. She has no rice land and her immediate relatives shun her, blaming her for the loss of her mate. He lives in a nearby village, married to another young woman, and sends no money. Without her full-time co-op job, Sujatha would have only a few coconuts on which to live.

FEMALE-SUPPORTED HOUSEHOLDS AND THE KERALA MODEL: A CONTINUING AGENDA?

The Nadur household survey indicates that female-supported households achieve near equality with their male counterparts. They achieve this near equality despite women's lower wages and their concentration in the lowest paying jobs. The strategies they use include tailoring their household structure to maximise income per consumption unit, making extensive use of Kerala's re-distribution programmes, and working at unhealthy, unpleasant jobs to earn incomes. As Kerala's planners and activists consider initiatives for the next generation of the Kerala model, each of these strategies raises issues that suggest the need for further research or for immediate political action.

Structure: Let us consider first the structure of female-supported households. While highly efficient in a technical sense, they may be exacting a price in exhaustion from their members. By maximising workers in the household, female-supported households may lack adequate personnel to take care of household tasks. Or, the members may have to do these tasks after hard days' labour. In other words, female-supported households may achieve income equality with male counterparts at the cost of concentrating the double-shift within their household boundaries.

To get an indication of the access to household labour, we compared all persons of all ages listing household affairs as their main activity by gender of main support. The 22 female-supported households have 17 household workers (8 between the ages of 14 and 64 - see Table 2) for an average of 0.8 per household. The 148 malesupported households have 183 household workers (129 between 14 and 64) for an average of 1.2, 50 per cent more household workers. In addition, male-supported household affairs workers average 52.4 years compared to 61.4 in female-supported households.14 Female-supported households have fewer workers taking care of the home, and those workers are older and less physically able.

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These observations leave several questions unanswered. Do female-supported households, that are partitions, farm out household tasks to their nearby offspring? Do women workers in female-supported households make extra use of Kerala's extensive tea shops for meals? Most importantly, perhaps, do not femalesupported households have fewer household tasks? We saw in Table 3 that most unemployed dependents are in male-supported households. As mentioned above, we saw that only 7 per cent of children live in the female-supported households. Therefore, such households have fewer household maintenance burdens. However, all households have certain basic 'start-up' activities and daily maintenance activities that require some input from adult household workers: shopping for food, cooking, cleaning, and child care where relevant.

Does the lower demand for household labour balance out for female-supported households or do the adult members suffer more physically and mentally from their double shift burdens? This seems an important area for further research. One approach would be time allocation studies comparing male- and female-supported households to find out how work is carried out inside and outside the households. This could be combined with attitude surveys and/or life histories to get some indications about how the household members feel about their situation.

Life histories might also make possible some understanding of another aspect of female-supported households: the apparent lack of sexual and child-bearing fulfilment available to their adult female members. In India, separation and abandonment leave men in position to have new spouses and families; for women this may be a difficult burden to overcome. Sujatha's case above is illustrative. Knowing more about the chances for remarriage for abandoned women in Kerala would help assess the emotional price paid for the break-up of the household that is one major cause for the creation of female-supported households. How many of the cases were freely chosen by the women?

Widowhood poses a similar problem. One estimate for India as a whole gives 33 per cent of ever-widowed women as remarried compared with 66 per cent of men [Gulati 1992:WS95]. The 1961 Indian census suggests that 20 per cent of rural Kerala female widows remarry, with no figure for males [Gulati 1992:WS96].

Kerala Redistribution Programmes: The Nadur data indicate strongly that Kerala's two major redistribution programmes are crucial to female-supported households. Recent central government policies to make the ration shops more like the open market likely will harm female-supported households. Our data suggest that returning the ration shop policies to their previous benefit patterns and maintaining the agricultural labour pensions should be high priorities for activists of Kerala's next phase of development.

Creating Female-Worker-Friendly Rural Employment: Government programmes such as ration shop price subsidies and pensions can only be secondary measures in Kerala's development. One of the highest priorities might be rural employment. We saw that Kerala women do not go out of their home villages to find work nearly as easily as do men. One solution to this problem is to bring employment to the villages. Nadur's khadi co-operative which we describe earlier provides some information on the dimensions of this issue. While offering work crucial to the support of several households, the co-operative until recently took a heavy toll on its workers' health and happiness. In 1992, the cooperative built an improved structure and electrified some of the machines, but cotton dust and still fills the air and workers sit in uncomfortable positions without back rests. The co-operative building also lacks other amenities such as a convenient, dustfree area for eating lunch.

One way to think about the future of rural employment in Kerala is to look at Kerala Dinesh Beedi Workers Co-operative Society (KDB). This large centralised and decentralised industrial concern in Kannur and surroundings has managed to pay high wages and maintain profits while introducing gradual improvements in working conditions and benefits. Over 50 per cent of work sheds are now modernised and a building programme is underway to modernise the rest within a few years.

Significant features of KDB are its structure and its ownership system. The structure includes centralised purchase and marketing combined with decentralised production units close to the homes of workers. KDB is essentially worker-owned. With more than 50 per cent of its workers being women by 1992, KDB has become probably the largest female-worker-owned company in the world. Close attention to the details of KDB's success and to its continuing problems might suggest how organisations like Nadur's Khadi cooperative could be modified to make them more attractive to rural workers. 15 Such actions seem consistent with the ideals behind Kerala's new democratic initiatives that call for energising the working population for action in its own self-interest. The alternative is to await foreign

investment or other outside interventions that may be based on concepts of efficiency intended to produce greater profits through exploitation and abuse of workers rather than through worker participation and social justice in the work place.

Social movements in Kerala historically have engendered hope among workers and farmers that life can be a little better. The strength of these movements has also stimulated optimism and idealism among Kerala's intellectuals and academics. The old Kerala model has provided Kerala with many of the elements needed to plan and carry out a new Kerala model. We hope that the needs of women workers and female-supported households will be directly addressed by research and action coming out of this discussion.

Notes

- 1 A detailed description of Nadur village and its environment appears in chapter 3 of the English edition of Franke (1993). The rationale for choosing the village is given in chapter 2.
- 2 Thomas Isaac (1992:4; 1993:64) provides evidence that about 14 per cent of Kerala workers in Kuwait in 1990 were maids, with nearly all other categories likely to be male workers except for teachers, cooks, clerks, and paramedics, of whom a small percen-tage might be female. Oberai, Prasad, and Sardana (1989:28) found that 15 per cent of Kerala migrants within India were female, a percentage higher than from Bihar (9 per cent) or Uttar Pradesh (13 per cent), the other two states represented in their sample.
- 3 See Franke (1993:32-33) for further discussion of the rationale for using households rather than individuals for income analysis. Of course, individuals must be the units when intra-household variatons or inequality are the subjects of research. For male-female inequality, this is an important area in which much additional research is needed.
- We chose female-supported over femaleheaded. For economic analysis, the gender of economic support seems more straightforward. The female-headed category implies concepts of authority as well as income generation. In our Nadur sample 61 respondents (36 per cent) listed a female head of household. In many cases, this seemed to be more a sign of respect towards an aging woman than an accurate account of decision-making power. Some researchers in India would argue that any household with a male 18 years or older could not effectively have a female head. Mencher (nd) gives various examples of the dimensions of this problem. She too, seems to conclude that gender of support is the more useful concept.
- 5 Marilyn Cohen's (1992: 309) findings from the 1901 Irish census demonstrate

- striking similarities with Nadur in patterns of female-supported household structure and com-position as well as employment efficiency (1992: 306, 308). This suggests that in male-dominated societies, female-supported households may have similar properties and similar causes despite otherwise large cultural differences.
- 6 An adult equivalent designates the amount of food energy required to sustain an average adult male doing sedentary work'. The Indian Council of Medical Research adds tenths of an equivalent for heavier work and subtracts tenths for smaller body size of females and children giving a range of 0.4 to 1.6. Since most Nadur households spend well over 75 per cent of their income on food, we consider the adult equivalent more accurate than per capita. See Franke (1993), chapters 2 and 10 for further details on the use of this measure for the Nadur sample.
- 7 Males 60+ were 5.9 per cent of sample individuals compared with 7.1 per cent for the same category for Kerala as a whole. Nadur females 60+ were 6.5 per cent compared with 8.6 per cent for all-Kerala. The ratio of females to males 60+ was 1.1 for both [all-Kerala figures for 1986 from Gulati (1992: WS95)]. These data confirm our claims [Franke 1993: chapter 2] that the Nadur sample is representative. Gulati's calculation of the totals is an average of the two per cent rather than their addition, however.
- 8 The village name Nadur and the names of all individuals are pseudonyms. No other information has been altered.
- For Kerala in 1981, 19 per cent of males over 70 remained widows. For Nadur, the figure was 21 per cent (6 of 29). Kerala females over 70 were 81 per cent still widowed - that is, not remarried, compared to 73 per cent for the Nadur sample (19 of 26). For all-Kerala in 1981, the expected duration of widowhood for men was 3.5 years; for women it was 14.7 years [Gulati 1992: WS97, WS99]. We do not have a comparable figure for Nadur, but the combination of longer female life expectation and lower ability to remarry could mean for Nadur and for Kerala that elderly female-supported households are likely to continue to be produced.
- 10 See Franke (1993: 188-90) for a more detailed description of this household.
- 11 A Chi-Square test on the numbers of households receiving or not receiving at least one pension by gender of main support is significant at p < .05.</p>
- 12 The ration shop percentage difference is significant in ANOVA at P < .001. For this and all food and nutrition-related comparisons, we removed the single member households of both genders as consistent with the approach adopted in Franke (1993 and 1993a) where explanations for the decision are provided. On the individual nutrition surveys, ration shop usage by gender of household support was different

- in the same direction, but not statistically significant.
- 13 In 1992 the co-operative built a new work shed with electrical hook-ups for some machines.
- 14 The age difference is significant at p = 0.425 using ANOVA.
- 15 A forthcoming book on KDB will hopefully provide some of the material for the relevant discussions. See Thomas Isaac, Pyaralal Raghavan, and Richard W Franke, Mobilisation, Skill, and Social Justice: Achievements and Dilemmas of Kerala Dinesh Beedi, to be published in Malayam and English in 1995.

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